CATHERINE DARRAS, CH
Therapeutic Hypnosis
949-680-5286
Laguna Niguel, CA

Client Rights

Education and Training: Client has been informed that Catherine Darras, CH, is a Therapeutic Hypnotist and a Certified Clinical Hypnotherapist. She is neither a medical physician nor a licensed psychotherapist and does not treat emotional, medical or psychological disorders, but is engaged in working for the client's self-improvement and relaxation. She will provide hypnotherapy and guidance based on the client's personal history and lifestyle, and on the latest scientific research. She has received additional specialized certification as Chronic Pain Specialist. Any and all results of the consultations are the sole responsibility of the client.

Notice: AS THE STATE OF CALIFORNIA HAS NO ADOPTED EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTHERAPY, THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Hypnosis is a self-regulating profession, and the State of California does not license its practitioners. The practitioner is not a physician or a licensed healthcare provider and may not provide medical diagnoses nor recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event a client terminates the services of the practitioner, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnosis services at any time. A client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of treatment and may assert any right without retaliation.

Redress: In the event you are not satisfied with my services, I request that you speak to me promptly and personally about your concerns. I feel confident we can arrive at a mutually agreeable solution to your concerns.

Sessions: The number of sessions generally will vary depending upon the behavior modification desired, the number of issues we are working on, and your level of motivation for making changes in your life. My approach is to work with the client to develop an individualized treatment plan using hypnotherapy and other forms of behavioral change techniques including but not limited to Neural Linguistic Programming, Time-Line Therapy, and regression work.

24 Hour Cancellation Policy: There is a 24-hour cancellation policy. Unless there is an emergency, 50% of the payment will be charged for cancellations with less than 24 hours' notice.

Confidentiality: All records are confidential. Records can only be released with the client's written authorization.

By signing below, you acknowledge and understand that California has specific laws pertaining to the use of hypnosis to enhance or recover memories to aid in testifying in criminal matters and that those laws may also impact civil cases if the hypnosis is used for the same purposes. **Use of hypnosis to aid memory or recall for court testimony may result in the inadmissibility of that testimony**. You are advised to contact your attorney if questions exist in your mind as to whether you may affect legal rights in matters currently pending by the use of hypnosis.

By signing below, you agree that you are not currently involved in any criminal or civil matters where you are seeking to enhance or develop memories for use in litigation. Client agrees to hold the hypnotherapist harmless, to defend and indemnify the hypnotherapist from any claims, including all attorneys' fees and costs related to the so-called creation of memories or testimony that may arise or be related.

The foregoing is true and correct to the best of my knowledge and I agree to be bound by my own representation:

I, _____, have read the Client Rights Form, and understand what I have read.

Client Signature: _____ Date:
cc: copy to client record